



LEVEL of care

criteria & episode of care

LOC:	Level 5	Level 4	Level 3	Level 2	Level 1
Functioning	Stable functioning	Functioning well with some difficulties	Functioning level changes, sometimes functioning well and sometimes unstable	Unstable functioning	Significant impairments in functioning
DLA Score	DLA Score: 6.1 - 7.0	DLA Score: 5.1 - 6.0	DLA Score: 3.5 - 5.0	DLA Score: 2.5 - 3.4	DLA Score: 2.4
Primary Service	Medication Management	Outpatient	Outpatient	Intensive Home Based Therapy (if approved)/Outpatient OR Mental Health Day Treatment	Residential
Activities	Pharmacological Management at least once every 12 weeks; CPST and/or TBS as needed	Psychotherapy bi-weekly OR CPST and/or TBS bi-weekly; Pharmacological Management at least once every 12 weeks	Psychotherapy weekly, CPST and/or TBS 1-2x/week; Pharmacological Management at least once every 8 weeks; Mental Health Day Treatment 5x/week, OR CPST Groups 2-3x/week	IHBT 3-5 hours/week; Psychotherapy 2x/week, CPST and/or TBS 2x/week; Pharmacological Management 1-4x/month; Mental Health Day Treatment 5x/week	Residential 7 days/week; Psychotherapy 2x/week, CPST and/or TBS up to 4x/week; Pharmacological Management 1-4x/month
Length of Stay	300 days	300 days	250 days	160 days	140 days
Monthly Sessions	Prescriber 1x every three months	Therapy 2x/month; Case Management 2x/month; Prescriber 1x every three months	Therapy 4x/month; Case Management 4-8x/month; Prescriber 1x every two months; Day Treatment 20x/month	IHBT 10x/month OR Therapy 8x/month; Case Management 8x/month; Prescriber 2x/month; Day Treatment 20x/month	Residential 31x/month; Therapy 8x/month; Case Management 12x/month; Prescriber 2x/month

Activities Definitions:

- Psychotherapy:** May include individual therapy, family therapy, and group therapy
- CPST:** Community psychiatric supportive treatment (phone calls to coordinate care, monitor symptoms, etc)
- TBS:** Therapeutic behavior services - may include individual sessions, collaborative meetings with others involved (e.g., teachers) or classroom/community support
- IHBT:** Intensive Home Based Therapy
- Pharmacological Management:** Meeting with a prescriber